

## **DEPARTMENT OF PSYCHIATRY**

The Department of Psychiatry was started by Dr V. D. Laghate MD, DPM, DCH Retired Chief Medical Superintendent (SAG) of Indian railway Medical services in 1978.

### **Manpower**

#### **IRMS Doctors:**

#### **Hon Consultant –**

- . IRHS Doctor -- Dr Kareena Xavier (ADMO)
- **HVS** – Dr. Malay Dave
- **Resident Doctors** – Three DPM ( CPS, Mumbai)
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### **Services Offered**

- Treatment on OPD basis (OPD Room No -32 Monday to Saturday both old and new cases)
- Admission and detailed evaluation as per requirement
- Electro convulsive therapy
- Pentothal Interview when necessary
- Psychotherapy
- Psychoeducation
- Alcohol group therapy
- Couple Therapy
- Family therapy
- Individual Psychotherapies including psychodynamic psychotherapies.
- Relaxation Techniques
- De-addiction services
- Conducts Medical Board to decide fitness of employees
- Dependency certification of Intellectual Disability and Resistant cases of schizophrenia.

### **WORKLOAD**

	<b>2018</b>	<b>2019</b>	<b>2020 (COVID)</b>	<b>2021</b>	<b>2022 (31/10/22 )</b>
<b>No. of OPD Patients</b>	5990	6268	1785	4303	4343
<b>No. of INDOOR Patients</b>	496	521	109	100	39

### **Machinery & Equipments**

Sr. No	Name of Equipment	Date of Procurement	Cost	Remarks
1.	Brief Pulse ECT machine	5/7/1996	34,650/-	Working

### **Achievements & Academics:**

1. Publications: Publications in Index Journal – 4
2. Chapters Authored in text book - 2
3. Till Date 14 papers were presented. Two have won the Best paper award.
4. So far 16 candidates have passed DPM course. One got the first Rank
5. Alcohol Anonymous [A.A group] meetings are held every Sunday and about 1000 employees were counseled for de-addiction.
6. World Mental Health week observed every year

### **FUTURE VISION FOR THE DEPT**

- Separate Psychiatry Ward according to recommendations of Mental Health Care Act 2017.
- Schizophrenia support group.
- Memory clinic every month.
- Rational Emotive Behavioral Therapy to be started for various psychiatric disorders.

### **ASSISTANCE REQUIRED**

- Requirement of Psychiatric Social Worker (Part time/Full time)
- Modification of psychiatric OPD and separate counselling/ therapy room to maintain patient's privacy.
- Requirement of clinical psychologist (Part time/Full time)
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